



EDUCATIONAL  
TOURS

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[eftours.com/](https://eftours.com/)








This is also your tour number

# COSTA RICA'S NATURAL WONDERS

7 or 8 days | Guanacaste | Arenal region | Extension to San José

Arenal Volcano embodies the powerful geothermal forces that formed Costa Rica. From zipping through a forest canopy filled with monkeys and macaws to hiking to La Fortuna Waterfall, your students will marvel at Costa Rica's natural beauty and amazing biodiversity. Seeing it firsthand will inspire a lasting respect for the environment.

## YOUR EXPERIENCE INCLUDES:

-  **Full-time Tour Director**
-  **Entrances:** Sustainability tour; thermal springs; ziplining adventure; Costa Rican cooking class; snorkeling; local exchange; Rincón de la Vieja National Park; Caño Negro Wildlife Refuge boat tour; La Fortuna Waterfall; coffee tour; *with extension: whitewater rafting excursion*
-  **Personalized learning guide:** Our personalized learning experience engages students before, during, and after tour, with the option to create a final, reflective project for academic credit.
-   **All of the details are covered:** Round-trip flights on major carriers; comfortable motorcoach; 6 overnight stays in hotels with private bathrooms (7 *with extension*); 3 meals daily (*days 2–6*); dinner on arrival day; breakfast on departure day
-  



Arenal Volcano



Anyone can see the world.

# YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

And the experience begins long before you get your passport stamped and meet your Tour Director in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter, or Instagram, or delving deeper into your destinations with our personalized learning experience, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels, and meals while also providing their own insight into the local history and culture. Expert local guides will lead your group on sightseeing tours, providing detailed views on history, art, architecture, or anything you may have a question about.

When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

*@EFtours I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school #traveltuesday*

– MELISSA, TRAVELER



## CHECK OUT WHAT A TOUR IS ALL ABOUT

Watch the videos at [eftours.com/](http://eftours.com/)

Your teacher's Tour Website



Learn from your Tour Director and expert local guides



Caño Negro Wildlife Refuge

## What you'll experience on your tour

### Day 1: Fly to Costa Rica

- Meet your Tour Director at the airport.
- Transfer to Guanacaste.

### Day 2: Guanacaste

- Welcome to Guanacaste, where you'll become immersed in a natural wonderland.
- Visit Buena Vista Lodge, where you'll go on a ziplining adventure through the Costa Rican canopy (participants must weigh less than 200 lbs), and visit a hot spring in the middle of the forest. Then tour a sustainability farm run by a nearby hotel. Here, grey water, or domestic wastewater, is put through a rigorous treatment process and reused for various hotel needs. See this process up-close and gain a better understanding of sustainable practices in the tourism industry. End your day with a Costa Rican cooking class, where you'll learn about (and taste!) classic Tico foods.

### Day 3: Guanacaste

- Enjoy a snorkeling activity.
- Participate in a local exchange.

### Day 4: Guanacaste | Arenal region

- Explore Rincón de la Vieja National Park, where you'll learn about Guanacaste's remarkable array of plant and animal life. Located high in the mountains, this rain/cloud forest boasts numerous geothermal hot springs.
- Continue on to the Arenal region.

### Day 5: Arenal region

- In the Arenal region, get ready for an adventure to remember. Behold the perfect conical shape that emerges from the green hills of Alajuela—this is the fascinating Arenal Volcano. Overlooking the San Carlos Plain and the Pacific lowlands, this mile-high volcano has been active for the past 7,000 years. Not only does the volcano serve as a watershed for the lake, but it also provides thermal energy for the nearby hot springs.
- Travel to Los Chiles.
- Take a boat tour of Caño Negro Wildlife Refuge.

### Day 6: Arenal region | San José

- Visit La Fortuna Waterfall.
- Participate in a coffee tour and learn how Costa Rica's plantations produce some of the world's best beans. Explore the entire supply chain of the famous Costa Rican coffee bean, from the fields where it's grown to the cafes where it's brewed, and discover the essential role coffee plays in the country's agriculture and economy.

### Day 7: Depart for home

#### ✦ 1-DAY TOUR EXTENSION

#### Day 7: San José

- Enjoy a whitewater rafting excursion.

#### Day 8: Depart for home



*I gotta say, this is my #favorite view from Costa Rica.*

*#costarica #vacation #eftours #volcano #summer2013 #summer #hotel #tacotal #volcan #puravida*

– DANIELA, TRAVELER



Via Instagram

*Costa Rica was absolutely amazing! It truly was a great adventure. Our Tour Director was fantastic beyond words. She was so personable, and her knowledge of Costa Rica's history, culture, and flora and fauna was incredibly remarkable.*

– KRISTEN, TRAVELER



Via Facebook

## TOP THREE THINGS I WILL SEE, DO, TRY, OR EXPLORE

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

— The easiest ways to —  
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800-665-5364



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EF Educational Tours  
Two Education Circle  
Cambridge, MA 02141

*My daughter has gained such an amazing view of the world and history from this experience. She has not stopped talking since I picked her up at the airport. Thank you for all the organization, helpful hints, flexible payment plan, and knowledgeable tour guides.*

—CHARLOTTE, PARENT OF TRAVELER

“ Tour review

## THE WORLD LEADER IN INTERNATIONAL EDUCATION

For over 55 years, EF has been working toward one global mission: *Opening the World Through Education*. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence. What's more:

- **We always offer the lowest prices** so more students can travel.
- **We're fully accredited, just like your school**, so you can earn credit while on tour.
- **All of our educational tours feature experiential learning activities** and visits to the best sites.
- **We're completely committed to your safety.** We have more than 600 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- **Your full-time Tour Director is with your group** every step of the way on tour, providing insight about your destinations as well as great local tips.

